School of Public Health
Undergraduate Program
Public Health Course

• The course is focused on the health of population groups, and thus is related to subjects that study health as a collective issue, regarding different views, such as the historical, social, environmental and epidemiological ones.
• The course is composed by seven areas of knowledge:
  – Life Sciences
  – Social and Human Sciences
  – Epidemiology, Statistics and Health System Information
  – Public Policies, Planning and Public Health Management
  – Environment and Public Health
  – Integrated Activities
  – Internship
Nutrition Course

• Graduate nutritionists from FSP-USP are healthcare professionals who perform activities related to food and nutritional safety and dietary care aimed towards individuals and population groups.
Graduate Program
Graduate Program in Public Health

• The Graduate Program in Public Health seeks to prepare faculty and researchers to fully master their field of knowledge through Master’s and Doctoral programs, in a context of interdisciplinary investigation.
• The Graduate Program is divided in 4 main areas of concentration:
  - Epidemiology
  - Environmental Health
  - Public Health Services
  - Health, Life Cycle, and Society
Research Lines

• Epidemiology
  - Methods in Epidemiology and Biostatistics
  - Entomology and Ecology in Public Health
  - Epidemiology of the Life Cycle and Burden of Disease
• **Environmental Health**
  • Biology applied to Health and Environment
  • Environmental Engineering and Sanitation Technologies
  • Policy, Planning and Environmental Management
  • Worker’s Health
• Public Health Services
  • Health Promotion
  • Sanitary Surveillance in Health
  • Health Policy and Management
• Health, Life Cycle and Society
  • Childhood, Teen and Youth Health
  • Women’s Health
  • Reproductive Health, Gender, Sexuality and Society
  • Public Health, Social Sciences and Contemporary Issues
  • Scientific Information and Communication in Public Health
Graduate Program in Nutrition

• The program gathers distinguished researchers in the areas of Nutritional Epidemiology, Food and Human Nutrition, focused on the solution of public health issues linked to those subjects.
Research Lines

• Techniques and diagnostic methods in food and nutritional evaluation of individuals and populations;
• Frequency, distribution, causes and consequences of nutritional disorders in the Brazilian population;
• Formulation and evaluation of nutritional interventions;
• Characterization, evaluation and formulation of foods for nutrition and promotion of human health.
Work schedules, light exposure and their effects on biological rhythms of workers in an Amazon Extractive Reserve

- Professor Arne Lowden - Stress Research Institute/Stockholm University
- Professor Debra Skene - Faculty of Health and Medical Sciences/University of Surrey
This study aims to understand the patterns of light exposure and working time, and their implications for sleep patterns/timing and the biological rhythms of rubber tappers living at the Chico Mendes Extractive Reserve.
First phase: sociodemographic characteristics, anthropometric measurements, diet, lifestyle, chronotype, working conditions and morbidities of the study population.

Second phase: chronotype; activity/rest cycle; light exposure; melatonin and DNA (Per 3).

Support: Fapesp; CNPq and FUNAC.
School of Public Health
University of São Paulo

International Relations Committee

Prof. Dr. Claudia Roberta de Castro Moreno – President
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